

# North Shore volunteer fair



YOUR LINK TO DEMENTIA SUPPORT

# First Link<sup>®</sup>

## The Society's hand of support

- First Link<sup>®</sup> Dementia Helpline
- Proactive calls
- Education
- Minds in Motion<sup>®</sup>
- Support groups
- Information

Questions or  
concerns about  
dementia or  
memory loss?



[alzheimerbc.org](http://alzheimerbc.org)

## First Link<sup>®</sup> Dementia Helpline

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English 1-800-936-6033

Punjabi, 1-833-674-5003

Hindi and Urdu

Cantonese 1-833-674-5007

and Mandarin

[alzbc.org/fldhl](http://alzbc.org/fldhl)

### Evaluation survey

[alzbc.org/feedback](http://alzbc.org/feedback)

### Recordings available

[alzbc.org/ondemand](http://alzbc.org/ondemand)

MEET NEW PEOPLE, COLLABORATE, AND ENJOY VANCOUVER'S SUNSHINE (WHILE IT LASTS)!

# AMBLESIDE FARMERS MARKET

OPEN MAY TO OCT AND 9AM-2PM TO THE PUBLIC



**SIGN UP AS  
VOLUNTEER!**



**VISIT [ARTISANMARKETS.CA](https://www.artisanmarkets.ca) FOR MORE INFORMATION**

# ABOUT US

We are located by Ambleside Beach in a parking lot. There is live music along with all our vendors, offering produce, artisan goods, prepared food, and more! We are part of the Artisan Farmers Market Society. Our two other markets are in Brentwood and Burnaby.

## QUIRKS FOR BEING A VOLUNTEER!

- Volunteer Stamp Card with prizes
- Close to the beach and the seawall
- 15 minutes to Park Royal shopping center



VISIT [ARTISANMARKETS.CA](http://ARTISANMARKETS.CA) FOR MORE INFORMATION

# SHIFTS

## MORNING SHIFT

7:15AM - 11:30AM

- Put up info tent
- Help vendors set up their tents

**HELP THE SET-UP!**

## AFTERNOON SHIFT

11:30AM - 2:30PM

- Take down info tent
- Help vendors take down

**HELP TEAR-DOWN!**

## ~~Both~~

- Answer questions at the info tent
- Hand out stamp cards
- Survey inquiries
- Refill dog water
- Help look after tents



**ARTISAN**  
FARMERS MARKETS

VISIT [ARTISANMARKETS.CA](http://ARTISANMARKETS.CA) FOR MORE INFORMATION

# VOLUNTEER AT BIG BE PART OF THE BIG PICTURE

## THE BIG PICTURE

VOLUNTEERS NEEDED IN  
NORTH VANCOUVER

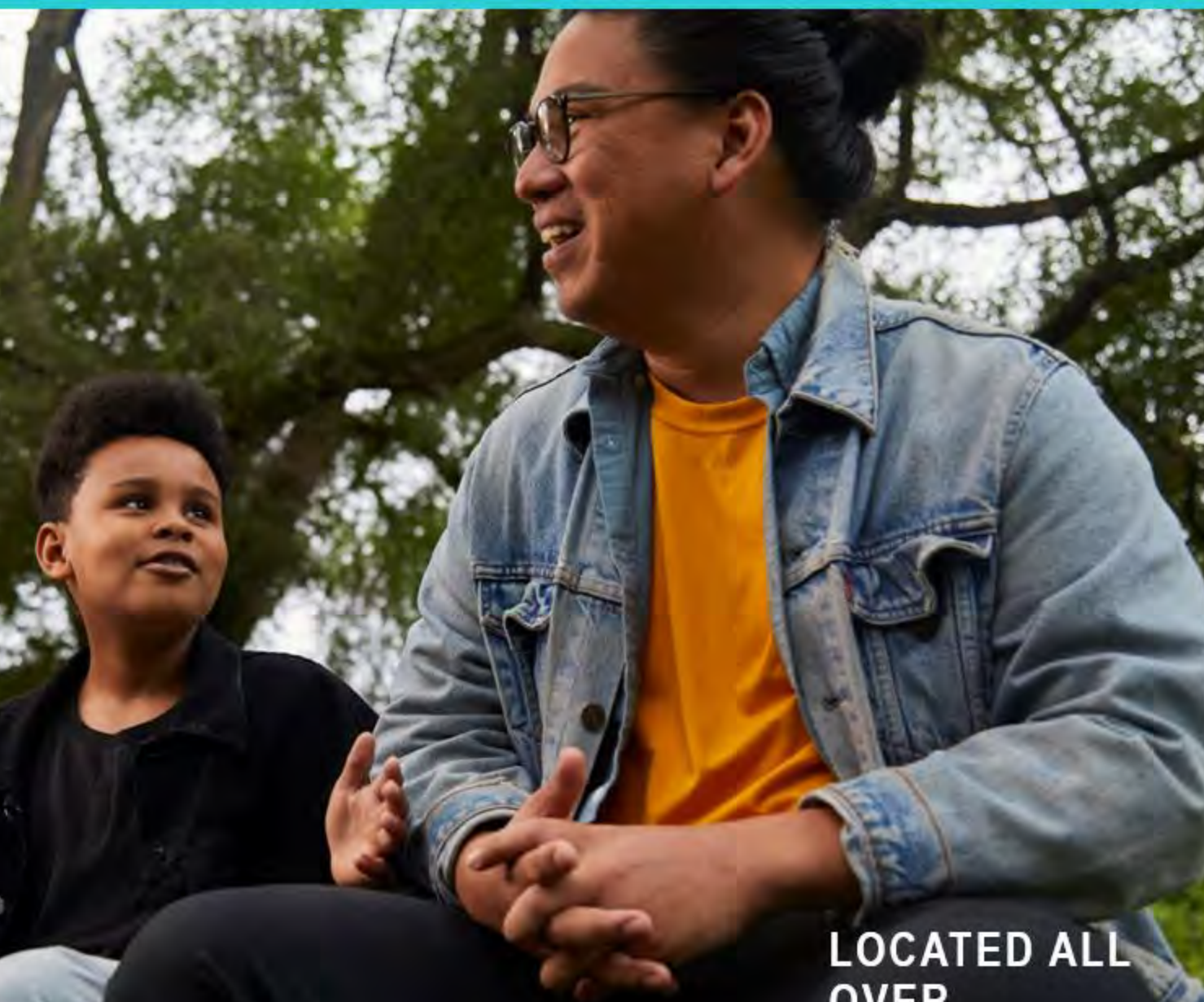


### Our Mentorship Programs:

- Big Brothers Community
- In-School Mentoring
- Mentoring with Math
- Game On! Group Mentoring



# OUR VOLUNTEER MENTORS AND MENTEES



LOCATED ALL  
OVER

Help children and youth reach their full potential through mentorship!

### Our Mentors are:

- 18+ male, female, trans and gender diverse individuals
- Inclusive and welcoming of Mentors of all sexual orientations

### Our Little Buddies are:

- Boys, girls, trans and gender diverse children and youth between the ages of 7 – 14 years old

[BigBrothersVancouver.com](http://BigBrothersVancouver.com)  
[volunteer@bhcvf.com](mailto:volunteer@bhcvf.com)





Big Brothers  
OF GREATER VANCOUVER

INQUIRE ABOUT OUR **VOLUNTEER**  
**MENTORSHIP** PROGRAMS HERE:

[www.BigBrothersVancouver.com/Volunteer/Inquire](http://www.BigBrothersVancouver.com/Volunteer/Inquire)



# Big Sisters

OF BC LOWERMAINLAND

**Who we are:** Big Sisters of BC Lower Mainland enable transformational mentoring relationships to ignite, inspire and unleash the power and potential of self-identifying girls, non-binary, transgender and gender-diverse youth.

**Our Mission:** Enable transformational mentoring relationships that help young people to reach their full potential.

## Our Values:



We champion potential



Every connection counts



Showing up matters



# Our Programs!

## Big Sisters

Mentors provide support, connection and a positive role model to youth; helping them to have fun while understanding and realizing their full potential.

2-4 hours per week, with a 1 year commitment

Looking for mentors in:



Surrey &  
White Rock



Tri-Cities



New  
Westminister

## Go Girls!

Healthy Bodies, Healthy

Minds

A group mentoring program that promotes friendship, active-living and healthy lifestyle that contributes towards positive self-esteem and confidence amongst students from grades 4-7.

Looking for mentors in:



Burnaby



Tri-Cities

## Study Buddy

Study Buddy supports girls and gender-diverse youth to improve their educational performance and build self-confidence.

1 hour session per week, with minimum 6 month commitment

Looking for mentors in:



Surrey &  
White Rock



East  
Vancouver

## My Voice, My Power!

**NEW!** Is an after-school group mentoring program that engages critical dialogue and skill building to promote protective factors against gender-based violence for girls and gender diverse youth in grades 4-7.

Tues/Wed/thurs, 2:30-5, 8 week term

Looking for mentors in:



Burnaby



Surrey



Port Moody

# Volunteer on our website!



scan me



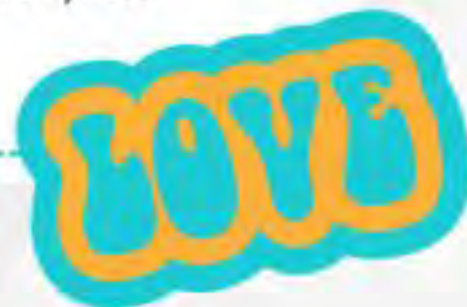
## Contact Information

**Who to Contact:** Haniyeh Shariatmadari  
Program & Office Administration

**Phone:** 604-873-4525 x 101

**Email:** [info@bigsisters.bc.ca](mailto:info@bigsisters.bc.ca)

**Address:** Suite 200, 5118 Joyce Street Vancouver, BC



**VOLUNTEER WITH THE  
RED CROSS  
HEALTH EQUIPMENT  
LOAN PROGRAM (HELP)  
AT CAPILANO  
COMMUNITY SERVICES**

Contact: [Miki@capservices.ca](mailto:Miki@capservices.ca) or visit  
our table at today's Volunteer Fair!



Canadian  
Red Cross

A banner for the Health Equipment Loan Program (HELP) featuring a close-up of a person's hands on a wheelchair. The text "Health Equipment Loan Program (HELP)" is overlaid in white.

Health Equipment Loan  
Program (HELP)



Volunteer Here!

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RED CROSS  
HEALTH EQUIPMENT  
LOAN PROGRAM (HELP)  
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our table at today's Volunteer Fair!





Canadian Mental  
Health Association  
*Mental health for all*

Association canadienne  
pour la santé mentale  
*La santé mentale pour tous*

## Programs & Services

North Shore Peer  
Assisted Care  
Team (PACT)

Low-Cost Brief  
Counselling

Recovery College  
YVR Courses

Peer Support

Mental Health  
Training

Homeless  
Outreach  
Program

Supported  
Housing

Skookum Hi-Yu' Ko-  
pet' Community  
Wellness Program

STEPS Youth  
Program

Kelty Dennehy  
Mental Health  
Resource Center

Specialized  
Employment Services  
at Work BC

Social Groups  
and Courses



# Volunteer Opportunities



Canadian Mental  
Health Association  
*Mental health for all*

Association canadienne  
pour la santé mentale  
*La santé mentale pour tous*



Kelty Dennehy Mental  
Health Resource  
Centre Ambassador



Volunteer Peer  
Navigator



Volunteer Community  
Engagement



**Canadian Mental  
Health Association**  
*Mental health for all*

**Association canadienne  
pour la santé mentale**  
*La santé mentale pour tous*

**We Have Moved to a  
New Location!**

**New Address:**

Unit 239 – 2030 Marine Drive, North  
Vancouver, BC V7P 1V7

**Contact:**

Phone: (604) 987-6959

Fax: (604) 980-0336

E-mail: [info@cmhanorthshore.ca](mailto:info@cmhanorthshore.ca)



**CAPILANO COMMUNITY**  
SERVICES

Where community comes  
together to connect,  
collaborate, and discover!



# OUR PROGRAMS

FAMILY &  
CHILDREN

YOUTH

SENIORS

HEALTH  
EQUIPMENT  
LOAN

# VOLUNTEER WITH US!



[www.capservices.ca](http://www.capservices.ca)

# District of West Vancouver Parks, Culture, and Community Services Volunteer Opportunities

**Give back, learn new skills, and make new friends!**

Volunteers must be over 14 years of age,  
have Proof of valid BC Medical, BC Care Card or BC Services Card with a  
Personal Health Number and commit to a minimum of 3–4 months a year.

Learn more and sign up for the next orientation at:  
**[westvancouver.ca/volunteer](http://westvancouver.ca/volunteer)**

Need help? Contact us at **604-913-2703** or **[volunteer@westvancouver.ca](mailto:volunteer@westvancouver.ca)**



# ElderDog Canada



Help us keep love  
in the home!



**ElderDog Canada** helps keep seniors and their dogs together with help from volunteers in the community.

Seniors can struggle to provide the basic care that their loving dogs need to lead a happy and healthy life.

Join us and help fill this need!

# Volunteer Opportunities



## Dog Care Support Program

- Providing walks
- Clipping nails, brushing, bathing
- Transporting dogs to the veterinary or groomers
- Helping to coordinate volunteers

## Rehoming Program

- Temporary foster care in your home while the senior is in hospital
- Help to coordinate temporary foster care and permanent rehoming.





# See us at our table on the plaza!



website



[www.elderdog.ca](http://www.elderdog.ca)

email



[nwvancouvervc@elderdog.ca](mailto:nwvancouvervc@elderdog.ca)

[facebook](#)



[ElderDog Canada North & West Vancouver Pawd](#)

[instagram](#)



[elderdognorthwestvan](#)

**Check us out and join us!**



Family  
Services  
NORTH SHORE  
Changing lives together

Volunteer with us!



WE WANT  
TO CHANGE  
THE COURSE OF  
PEOPLE'S LIVES,  
FOR **GENERATIONS**  
TO COME.

“Volunteering keeps me connected. I get to meet a lot of people from different backgrounds and Family Services of the North Shore plays a valuable role in our community.”

– *Family Services of the North Shore Volunteer*

# About Family Services of the North Shore

Family Services of the North Shore is a non-profit, community-based agency with a variety of outreach programs dedicated to helping our neighbours in need. Become part of our awesome volunteer team today and let's change lives together!

## Volunteer Opportunities May Include:

### Thrive Family Programs:

- Food preparation, service and tidy up
- Assist in prepping activities prior to open
- Interact with families and children from 0-6 years old
- Support program facilitators execute games and activities for families

### Community Hub/ Christmas Bureau

- Working in the Clothing Shop on Community Connect Days
- Driving meals and groceries to neighbours in need
- Helping to set up and assisting families in our Christmas Bureau Toy Shop
- And much, much more!

### Seniors and Caregivers Connect:

- Provide support and companionship to someone experiencing isolation through:
  - supportive phone calls,
  - friendly visits,
  - neighbourhood walks.
- Assist our program manager support those who are grieving.



*"We are listening with open minds & hearts, in order to understand what's at stake for the people who live here."*

- Julia Staub-French, Executive Director

# How to Join our Team

Family Services of the North Shore welcomes volunteers of all ages, backgrounds and abilities. Whether you wish to volunteer every week or once per year, we have a role to suit your needs and we look forward to changing lives together!

## How to apply:

- Visit [familyservices.bc.ca/volunteer-with-us/](http://familyservices.bc.ca/volunteer-with-us/)
- Select “Apply Now,” and complete the application form
- Sign up for an orientation through the confirmation email

## Where to find us:

Family Services of the North Shore Community Hub is located at Capilano Mall on the top floor of the former Sears building. Please note that our entrance is on the second level of the parkade off Hanes Ave. and there is no direct access through the mall.

## Hours of operation:

Family Services of the North Shore Community Hub is open Monday – Thursday from 10am-4pm and Monday – Friday during our Christmas Bureau season.

## Contact information:

Phone: 604-984-9627

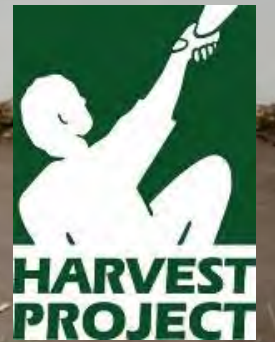
Email: [volunteer@familyservices.bc.ca](mailto:volunteer@familyservices.bc.ca)

Website: [familyservices.bc.ca](http://familyservices.bc.ca)



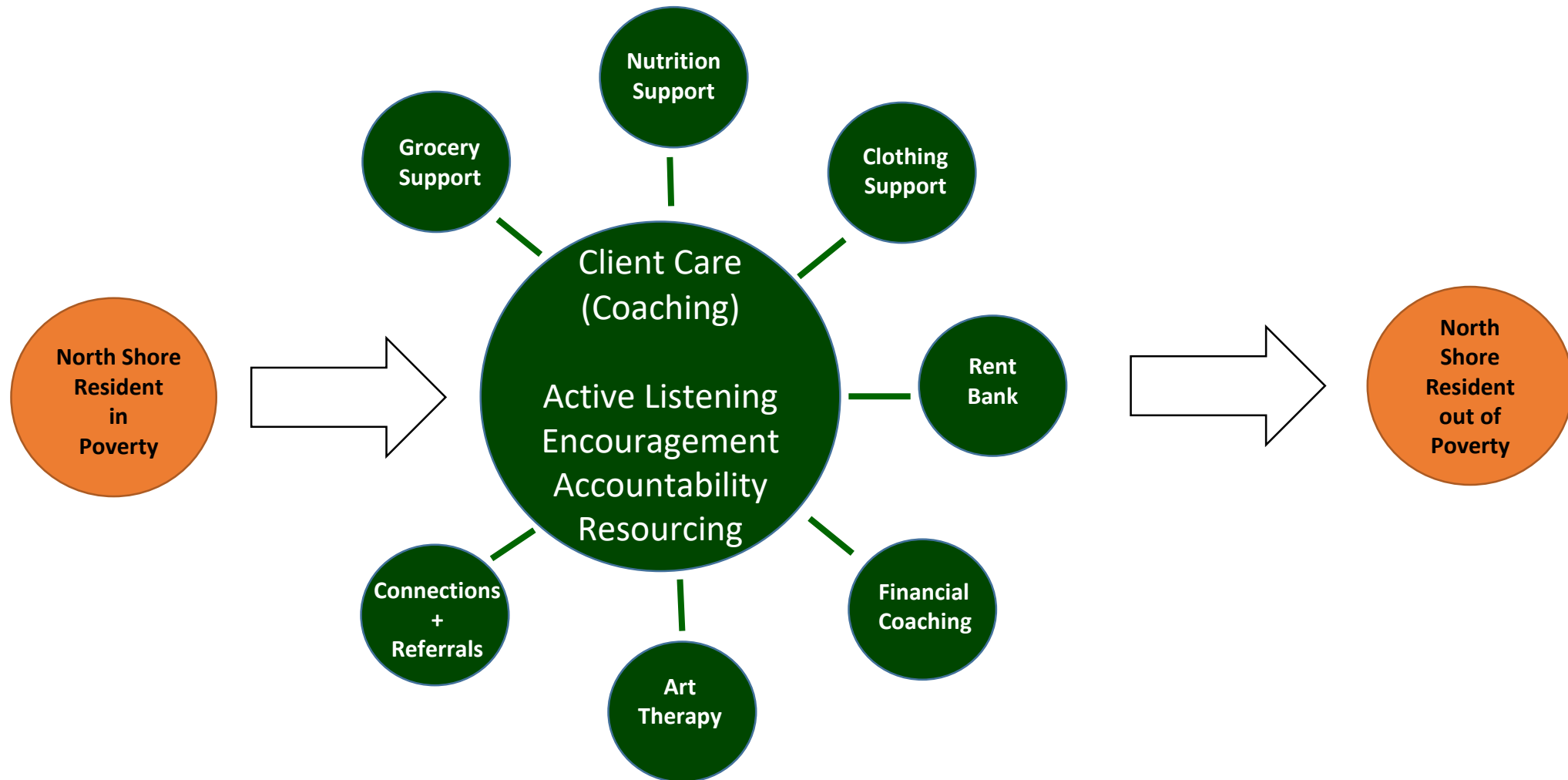
Family  
Services  
NORTH SHORE  
Changing lives together

Harvest Project helps  
North Shore residents  
to plan, achieve and  
sustain personal goals  
that empower them  
to move out of  
poverty



# Harvest Project Client Journey

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# Harvest Project Volunteer Opportunities

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**The work of Harvest Project depends on the generous efforts of volunteers from across the North Shore.**

Available shifts are Tuesday-Friday morning or afternoon and Saturdays from 10-2.

## **Current Volunteer Opportunities:**

- Reception
- Admin/Data Entry
- Client Care Partner
- Clothes for Change
- Grocery
- Warehouse
- Driver/Driver's Assistant
- Special Events

To **apply** please submit your application online at:

<https://www.harvestproject.org/volunteer/>





# Impact North Shore

Impact North Shore is a for-purpose, social impact organization creating opportunities for success for im/migrants through direct services and community engagement.

We envision an inclusive and equitable North Shore and are dedicated to offering comprehensive and innovative services for im/migrants and newcomers and to strengthening inclusion and equity.





# Making Canada Home

Impact North Shore provides a range of services for you and your family. You can learn about setting up your life in Canada and about Canadian systems, for example healthcare and education.

We offer various English language learning opportunities and employment services. We can help connect you to your community. Our family services include parenting and healthy relationship programs and programs for children, youth, women and seniors.

[Impactnorthshore.ca](https://www.impactnorthshore.ca)

# Volunteering with Impact North Shore

We have a variety of  
volunteer roles available:

- Workshop Support
- Conversation Leader
- LINC Classroom Assistant
- Front Desk Support
- Youth Champions
- Youth Programming Support

Volunteer Recruitment Process:

1. Complete Volunteer Application
2. Attend Volunteer Orientation
3. Book 1-1 interview
4. Apply for a criminal record check
5. Sign Volunteer Forms
6. Start volunteering!



[impactnorthshore.ca/get-involved](https://impactnorthshore.ca/get-involved)

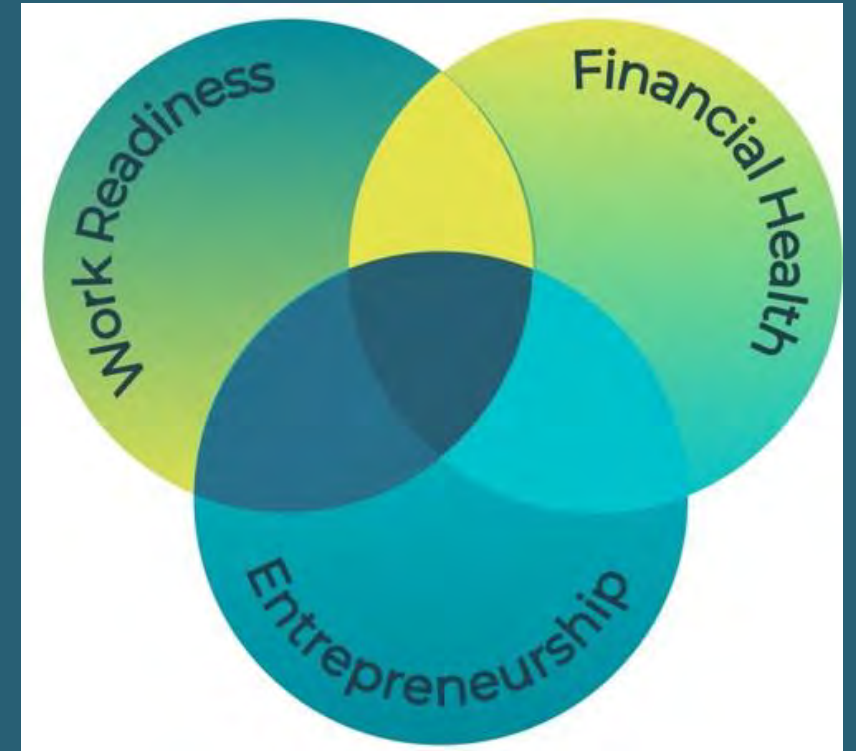
# Who is JABC?

- We are a proud member of JA Canada and JA Worldwide, one of the world's largest and most impactful NGOs.
- We deliver **free** hands-on, immersive education in work readiness, financial health, and entrepreneurship to youth in grades 3-12 across BC.



# Why Volunteer for JABC?

- Enhance Your Skills
- Share Your Interests
- Inspire Youth
- Earn Volunteer Hours
- Meet New People
- Give Back to the Community



# What Does Volunteering Involve?

- JA volunteers visit classrooms in their local community to deliver hands on programs to youth
- You select the program and grade level you wish to mentor
- Volunteer commitment is minimal; 5-10 hours per YEAR!
- We provide training and all materials!

To learn more, visit





Museum of  
North Vancouver

## Volunteer at MONOVA: Museum & Archives of North Vancouver

MONOVA has volunteer opportunities for youth, students, working adults, newcomers and seniors.





# Volunteer Opportunities Include:

- Museum front-of-house;
- Behind-the-scenes at the Archives;
- Join our New Voices Volunteer Program;
- Or sign-up to volunteer with the Friends of NVMA.

For more information, visit [monova.ca/volunteer](https://monova.ca/volunteer) or contact the volunteer coordinator:  
[hildreda@monova.ca](mailto:hildreda@monova.ca)

# Volunteer With Us

MONOVA: Museum of North Vancouver  
115 West Esplanade  
North Vancouver, BC V7M 0G7

MONOVA: Archives of North Vancouver  
3203 Institute Road  
North Vancouver, BC V7K 3E5





# Navy League #46 H.C. Wallace

Working with the future leaders  
of tomorrow here on the North  
Shore for 65 years



# Volunteers are our heart and soul

Are YOU ready to make a difference  
in the lives of the future generation?



You can do so through the  
Branch or as an Officer!

# Shaping the future

Make a difference for the kids and for yourself



# Volunteer TODAY!!!



North Shore  
Community  
Resources

Volunteer  
North Shore

CONNECT  
EMPOWER  
PARTICIPATE

Operating since 1976, NSCR designs and delivers programs and services for the North Shore community that enhance well-being, social connections, empowerment and community participation



# PROGRAMS:

- **Child and Parents**

Through our Child Care Resource & Referral program, we provide information education, training, resources and activities

- **Seniors**

Whether you are a caregiver who needs support, looking for help to complete your tax return, someone who needs support services to help you in your home or just looking for general information and referral, NSCR provides a range of services to help seniors and their caregivers thrive.

- **Community Engagement**

Our Information & Volunteer North Shore programs and Democracy Café are designed with NSCR's mission in mind – to encourage you to participate in our community and to connect you to the right information and opportunities to help you achieve your needs.

- **Community Legal Services**

NSCR's Legal Advocates can provide legal information and referral service, legal advice and legal representation to lower income clients on legal issues relating to basics living needs as renting a home, income assistance, debt, employment disputes and other legal issues



# Volunteer North Shore

**Volunteer North Shore works to build healthier, happier more resilient community, one volunteer at a time.**

- We provide a single stop for individuals looking for community volunteer opportunities. Register for an upcoming information session
- OR search for volunteer jobs via our online volunteer database at [volunteer.nscr.ca](http://volunteer.nscr.ca)
- We publish the North Shore Youth Volunteer Directory, a comprehensive listing, in print and online, of volunteer positions on the North Shore for youth aged 12 to 19





## **NORTH SHORE NEIGHBOURHOOD HOUSE**

### **MISSION**

To enhance the lives of our neighbours especially our most vulnerable.

### **VISION**

A safe, healthy and strong community, welcoming all ages, abilities and cultures – one where everyone has access to support, everyone is included, and where everyone matters.



The North Shore Neighbourhood House (NSNH) is a not-for-profit registered charity serving the North Shore community since 1939. We offer programs for all ages including, child care programs, youth outreach programs, young parent program, family programs, seniors programs, food security programs, and community/recreation programs. We believe that when we support our neighbours to reach their full potential, we help them more effectively contribute to their community – as skilled, confident workers, as enthusiastic volunteers, as capable parents, and as helpful neighbours.



Volunteers are at the heart of what we do and we're glad you have chosen to be part of the many ways to be involved in our programs and activities. Listed below are programs that have volunteer opportunities within our organization.

**North Shore Neighbourhood House Programs:**

Children

Youth

Seniors

Foodbank

Recreation and fitness

Family programs

Sport classes

Art classes

Edible Garden project / gardening opportunities

Special events

Tax clinic

And much more

Please visit our website at  
[www.nsnh.bc.ca](http://www.nsnh.bc.ca)  
For more information

Volunteer coordinator  
Amal Hasan  
[ahasan@nsnh.bc.ca](mailto:ahasan@nsnh.bc.ca)



# About us



The North Shore Women's Centre is a drop-in resource centre located in Lower Lonsdale that serves North and West Vancouver.

Since 1973, we have envisioned, advocated for, and worked towards a safer, more equitable community for women, girls, and gender-diverse community members.

We offer a portfolio of free programs and services in a variety of areas, including family law, support groups, health and wellness, sexual assault prevention, youth women's empowerment, and more!

# Volunteer at the North Shore Women's Centre

north shore  
women's  
centre  
a place for women, a voice for women



# Volunteer with us!

Learn more about and apply for a position today, such as:

Drop-In Centre Volunteers  
Health and Wellness Practitioners  
Basic Computer Training Volunteers  
Workshop Facilitators  
*... and more!*



<https://www.northshorewomen.ca/become-a-volunteer>

# NVDPL Volunteer Opportunities for Teens

- Teen Advisory Group for grades 8-12 (meets monthly at Lynn Valley, Capilano, and Parkgate branches)
- Book Buddies for grades 8-12 (occurs semi-regularly at Lynn Valley, Capilano, and Parkgate branches)
- Tech Tutors for grades 10-12 (occurs semi-regularly at Lynn Valley, Capilano, and Parkgate branches)
- Special events, such as helping out with kids' library programs

To receive notifications about volunteer opportunities,  
email [tag@nvdpl.ca](mailto:tag@nvdpl.ca)

# NVDPL Volunteering for Adults

## Friends of the Library



To receive information about Friends of the Library,  
email [friendsnvdpl@gmail.com](mailto:friendsnvdpl@gmail.com) or visit  
<https://www.nvdpl.ca/about-us/friends-of-the-library>



# ONE TO ONE Literacy





# ONE TO ONE PROGRAMS



## In-Person Tutoring

- Each student meets once or twice a week with a trained ONE TO ONE volunteer tutor.
- Reading sessions are 30 minutes long and follow the same schedule each week.
- Reading happens at school, during school hours.

## Virtual Tutoring

- Each student meets virtually, once a week, with a trained ONE TO ONE volunteer tutor.
- Reading sessions are 30 minutes long and follow the same schedule each week.
- Sessions use Epic! books and are hosted over Zoom.
- Reading happens from home, between 3:30 -6 p.m.



# VOLUNTEER OPPORTUNITY & JOURNEY



## Prerequisites & Time Commitment

- Tutors must be at least 18 years of age, proficient in English, and complete a criminal record check.
- Volunteers are expected to commit to a morning or afternoon tutoring shift of 2-3 hours per week.
- The program year runs from October to June, excluding school and statutory holidays.



# NVCL Teen Volunteer Opportunities

Registration is open to teens in grades 8 to 12. It opens twice yearly in August and December via the library's website: [www.nvcl.ca/teens](http://www.nvcl.ca/teens)

- **Teen "Verified" Book Reviewer** – Become a teen verified book reviewer and get a chance to read and review the newest books!
- **Teen Advisory Council (TAC)** – Develop your leadership skills while having fun helping to plan and promote Library programs and events for teens
- **Read Along** – Become a buddy to students in grades 2-5, and work with them weekly to improve their reading skills!
- **General Volunteer** – Help with a variety of events and fundraisers in the library.



# Parkgate Society

Community Services

**Provides low-cost and no-cost social programs and events for children, youth, families and seniors.**



Child Care



Youth



Family



Seniors





# Parkgate Society

Community Services



**Creating opportunities for our community  
to connect and live life better.**

**Our Mission**





# Parkgate Society

Community Services



**A vibrant, connected community.**

**Our Vision**





# KidStart

One-to-one mentoring  
for children and youth

Charitable  
Registration  
# 10781 0467  
RR0001

**KidStart is a prevention program. It aims to help young people make good choices and develop inner strength and resilience.**

By being positive role models, our mentors offer guidance and support to their mentees and encourage them to participate in activities that allow them to experience success. These all help build resilience to the risk factors they may face in their lives.

The best way for these important relationships to develop is for mentors and mentees to spend time together weekly for about three hours, and for this time to be spent simply having fun. We provide a monthly allowance of \$40 to



# Benefits for Kids & Mentors

## Benefits for Kids

- ✓ Have that 'go to' person, when life presents challenges.
- ✓ Build confidence and experience personal growth.
- ✓ Discover inner dreams and potential.
- ✓ Develop strong community connections.

## Benefits for Mentors

- ✓ Gain valuable experience for your career and personal development.
- ✓ The satisfaction of knowing you are having a positive impact on the life of a young person.
- ✓ Participate in fun activities you might not otherwise do.
- ✓ Learn new skills and discover new interests...it works both ways!
- ✓ Get more information by visiting our [Volunteer FAQ](#)
- ✓ Flexibility and autonomy in scheduling time with your mentee and what you do when you are together.



# To Get Involved Visit: [KidStart.CA](http://KidStart.CA)



**Come Volunteer  
With Silver  
Harbour Seniors'  
Activity Centre!**



# Silver Harbour's Volunteer Roles

Food Service  
Volunteer



Dishwashing  
Volunteer



Program  
Instructor

Bingo Helper

[www.silverharbourcentre.com](http://www.silverharbourcentre.com)

# Silver Harbour's Volunteer Roles

- Artist/Crafter
- Sales Assistant
- Maintenance  
Helper
- Gardener
- Office Assistant
- Board/  
Committee  
Member



*Free*  
**BREAD MINISTRY**  
at St. Andrew's United Church

**THURSDAYS FROM 11:30 AM TO 1 PM IN THE RAINBOW ROOM**



# EMERGENCY FOOD PROGRAM

at St. Andrew's United Church

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**TUESDAYS FROM 11 AM TO 12:30 PM IN THE FRIENDSHIP ROOM**



**FREE**  
Community Lunch  
at St. Andrew's United Church

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**THURSDAYS FROM 12 - 1 PM IN THE FRIENDSHIP ROOM**





November 1-17, 2024

# STAND

**Strength Through Art Network Diversity**

*A festival featuring immigrant and refugee artists*

STAND Festival Foundation presents with support from  
Presentation House Theatre for the theatre series



STAND Festival is a unique platform that celebrates IMMIGRANT and REFUGEE artists' untold stories, vibrant talents, and undeniable passion. Through three dynamic disciplines - **Theatre, Music, and Dance** - the festival paints a rich tapestry of narratives, emotions, and experiences that transcend geographical borders.



# VOLUNTEERING OPPORTUNITIES

- Ushers
- Runner
- Photography
- Social media
- Survey and feedback collector
- Food and beverage service
- The gallery watcher

# STAND FESTIVAL VOLUNTEERING BENEFITS

- Two complimentary tickets to STAND Festival events
- Free admission to the shows you volunteer for (no need to pay for tickets)
- Invitation to volunteers' appreciation post-festival party
- A small gift based on your volunteering hours.
- A STAND Festival hoodie
- Photo acknowledgment in the next printed STAND program



[standfestival.com](http://standfestival.com)



[info@standfestival.com](mailto:info@standfestival.com)



[stand.festival](https://www.instagram.com/stand.festival)



[stand\\_festival](https://twitter.com/stand_festival)





Giving Hope Today

## Getting Involved – Volunteering Opportunities

- North Vancouver Programs:
  - Emergency Food Hamper
  - Grab & Go Food Distribution
  - Frozen Meals
  - Bagged Lunches
  - School Lunches
  - Community Outreach



# Make New Friends & Learn New Skills

Contact for more info:  
[Travis.Spencer@SalvationArmy.ca](mailto:Travis.Spencer@SalvationArmy.ca)



# Union Gospel Mission

I

We are a charitable organization providing meals, education, shelter, safe and affordable housing, drug and alcohol recovery programs, and support services to those struggling with poverty, homelessness and addiction in Canada, with multiple locations in the Lower Mainland.

- ◆ Main Vancouver Building - 601 E Hastings St
- ◆ Women & Families Building - 616 E Cordova St
- ◆ New West Resource Centre - 658 Clarkson St
- ◆ Lydia Home Women's Recovery - Mission, BC
- ◆ Fraser Valley Mobile Mission
- ◆ Arrow Home Women's Recovery - Victoria, BC
- ◆ Cedar Haven Women's Recovery - Langley, BC



Feeding hope. Changing lives.



# Volunteer Opportunities

Here are some of our most popular opportunities!

## Thrift Store

Acting as our distribution center, the Thrift Store is where we sort essential items such as clothes, toiletries, furniture and other necessities to be given to those in greatest need

## Vancouver and New West Kitchen

Operating year round, for three meals a day, our kitchen prepares and serves meals to the community across our locations. Often acting as the first contact to UGMs programs, we see day after day that a miracle really does start with a meal.

## Vancouver and New West Outreach

Outreach is often the first point of contact at UGM for many people experiencing poverty, homelessness, or addiction. Outreach staff get to know community members and support them by supplying necessary supplies that they might not otherwise have access to.

# How to Sign Up

Here's how to sign up for opportunities!



[volunteers@ugm.ca](mailto:volunteers@ugm.ca)  
Email us or scan the QR Code  
regarding volunteer  
opportunities.

## STEP ONE: APPLY

Email us at [volunteers@ugm.ca](mailto:volunteers@ugm.ca) or go to [ugm.ca/volunteer](http://ugm.ca/volunteer) to receive our general volunteer application

## STEP TWO: COMPLETE OUR ONLINE ORIENTATION

## STEP THREE: COMPLETE REFERENCES AND CRRP



## STEP FOUR: VOLUNTEER INTERVIEW

Available for interviews online or in person. This is a time where we get to know you as a volunteer and you are also able to get to know us. You can come to ask us about any questions you may have about UGM or about volunteering at this time.

# Vancouver Adaptive Snow Sports



## Super Supporters







# Volunteer with VASS



AN **Outside** STUDIOS FILM

**WARREN MILLER'S**

**75**



CELEBRATING 75 YEARS



VASS Movie Night November 2, 2024

Centennial Theater

Tickets [VASS.CA](http://VASS.CA)



# WorkBC Centre

North Vancouver



This program is funded by the Government of Canada and the Province of British Columbia.

# What is WorkBC?

## WorkBC Centre

WorkBC Centre North Vancouver is your one-stop shop for career services. We help job seekers find employment through our **FREE** services, such as: **career planning, job search support, resume & cover letter writing, interview preparation, employment workshops, funding for training, volunteer opportunities, networking with employers, and more!**



# WorkBC Centre

## North Vancouver

980 W 1st St #106  
North Vancouver, BC

(604) 988-3766

[workbccentre-northvancouver.ca](http://workbccentre-northvancouver.ca)



*Thank  
you!*